



3v3 SSG

Category: Small-Sided Games

Difficulty: Moderate | Start Time: 22-Dec-2015 18:00h

Matt Schiffer, Belchertown, United States of America
Individual-Adult Member

Description

IAS Soccer Academy: Special Topics Clinic

Warmup

Pass & Move

Organization:

3 players and 1 ball per group.

How to Play:

Players pass and move in designated area. Start with unlimited touches, then encourage to play quickly with 2 or 3 touches.

Coaching Points:

Focus on your first touch

Head up at all times to see your teammates

After completing a pass, move to an open space to receive the ball back

Connect quality passes



3v3 Games

Final Game

Organization:

Multiple games happening at once. Depending on number of players, we may use subs or play different variations of 3v3.

Coaching Points:

Attack and Defend as a team

Keep a good shape

Recover quickly when you lose possession

Keep the ball moving when attacking

