



# Passing Combinations

Category: Technical: Passing & Receiving  
Difficulty: Moderate

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## Description

Passing Combinations. Movement Off the Ball.

## Warmup

### Passing Combination Triangles

(black lines - pass, red lines - movement)

Great practice warmup, activity or pregame warmup

#### Organization:

- 10x10 or 15x15 grid, with cone in the middle
- 8 to 12 players

#### How to Play:

- Ball starts in one of the corners
- Pass in a triangle, then pass long, repeat
- Follow your pass

Progressions - Add 2nd ball and 2nd player at middle cone | One touch

#### Coaching Points:

- Connect quality passes
- Pass to correct foot & with correct pace



## Skill Development

### Passing Combination to Goal

Combining in the Midfield. Short Passes with an Overlapping Run.

#### Organization:

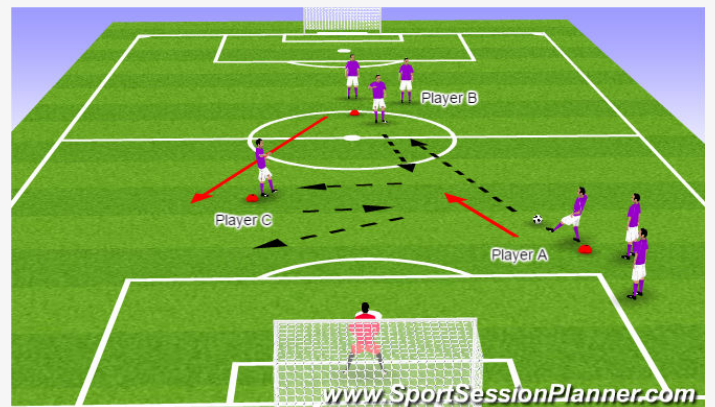
- Cones set up in a triangle, 10 yards apart

#### How to Play:

- Player A starts with the ball
- Combination: A-B-A-C-A-B
- Once Player A completes first pass, he / she moves to middle of the triangle.
- Player B receives the final ball for a shot on goal. Hold / Time your run.

#### Coaching Points:

- Quality passes. Pass to correct foot. Proper pace.
- Player A has most involvement



## Final Game

### 4v4 SSG

Final game, 4v4 with restrictions

#### Organization:

Separate group into teams of 4.

#### Coaching Notes:

Team may not score a goal until they connect a passing combination. Players should be moving without the ball to create opportunities for their team.

