



# Passing Combinations Session

Category: Tactical: Combination play  
Difficulty: Moderate

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## Description

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## Warmup

### Passing & Moving Warmup

Free flowing activity with progressions

Organization:

- See Diagram
- Split team into two groups (colors). Half the players have a ball.

How to Play:

- Pass and move within the grid / field.

Progressions:

- Blue must pass to orange, vice versa.
- Limit amount of touches.
- 2 touch to a 1 touch pass, continue sequence.
- Play the ball in the direction you face (no turn). Promotes movement of teammates.

Coaching Notes:

- Quality passes



## Combo to Goal

### Passing Combination Activity to Goal

Quick passing, ending with shot on goal

Organization:

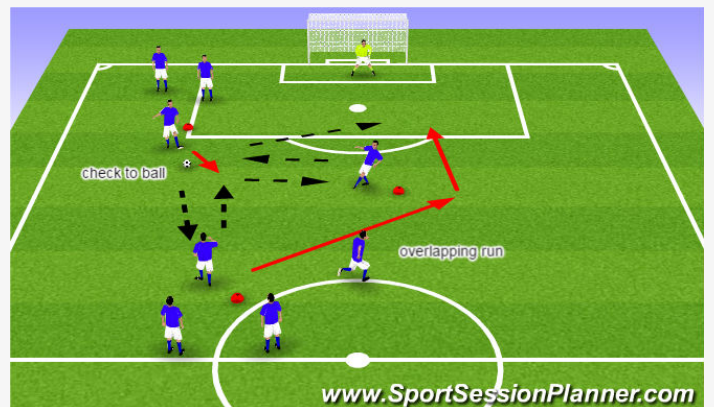
- See Diagram.
- Cones set up in a large triangle.

How to Play:

- Passing combinations, with an overlapping run to goal.

Coaching Notes:

- Quick, accurate passes to feet.
- Pass to correct foot.



## Final - SSG

### 4v4 to Goal

Objective: Complete a passing combination before scoring.

Organization:

- See Diagram. 4v4 + GKs.

How to Play:

- Conditioned game with GKs.
- Must complete passing combo before going to goal.

Progression:

- One or two touch for shot.

Coaching Notes:

- Always look for an open teammate to combine with.

