



# First Touch / Passing Combinations

Category: Technical: Passing & Receiving  
Difficulty: Moderate

Matt Schiffer, Belchertown, United States of America  
Individual-Adult Member

## Description

IAS Clinic: 3/6/18. Play-Practice-Play Philosophy. Objective: Improve passing ability.

## Play

### Continuous Free Play

4v4 SSG. No restrictions. Just play.

Organization:

- See Diagram. 4v4 + GKs. Adjust upon numbers.

Coaching Notes:

- Encourage passing.
- Scan field before receiving. Check shoulder.



## Practice

### Passing Activity

Passing pattern to goal.

Organization:

- See Diagram.
- Players start in a diamond shape.

How to Play:

- Players create their own passing pattern to goal.
- Ball can either be passed wide for a cross or go directly to goal.

Progression:

- Add defender(s) in the box.

Coaching Notes:

- Help develop creativity and thinking players with this method.



## Play

### Final Game

SSG with a focus on passing. 4v4 - 6v6

Organization:

- See Diagram.
- 4v4 + GKs. Adjust based on numbers.

Progressions:

- Certain number of passes before going to goal.
- Passing combo / Wall pass

Coaching Notes:

- Encourage quick passing.
- Know your surroundings before receiving.

